

KUPKOLO.CZ TRIATHLON PODĚBRADY **35rd YEAR**



Poděbrady
město



ČESKÁ
TRIATLONOVÁ
ASOCIACE

RACE DETAILS

STATUS

Open road race with drafting prohibited.

DATE & VENUE

Sunday, MAY 24, 2026, Poděbrady - [Poděbrady Lake](#), Czech Republic

ORGANIZER

LABE TRI CLUB Hradec Králové z.s.

CONTACT

Ing. Lukáš Netík, Ing. Petra Tázlerová

tel.: +420 607 877 724

e-mail: lukas.netik@topsports.cz, petra.tazlerova@topsports.cz

RACE DIRECTOR

Ing. Lukáš Netík

CATEGORIES

- Male 16-19/Female 16-19 (2007-2010)
- Male 20-29/Female 20-29 (1997-2006)
- Male 30-39/Female 30-39 (1987-1996)
- Male 40-49/Female 40-49 (1977-1986)
- Male 50+/Female 50+ (1976 and older)
- If at least three athletes participate, a 60+ category will be announced (1966 and older)
- Relays

COURSE

Swim (m)	700
Bike (km)	30
Run (km)	7

Swim:

Swimming will take place on the lake, with the buoys turning anticlockwise, i.e. to the left. The time limit for completing the swimming section is 50 minutes.

Bike - Triathlon (road bike, mountain bike also possible):

After boarding at the Lake gate, the riders will take the local road to the cycle path, which will take them about 1200m to Poděbrady - Přední Lhota. Here they will first turn left and then right onto the road No. 38, direction Mladá Boleslav, which will take them to the roundabout in Nymburk. From there they will complete a 5.5km long circuit in the shape of glasses: First, a double right turn in the direction of Bobnice, then a right turn again in the direction of Nymburk, and a double right turn on the edge of the industrial zone back to the roundabout, where they continue in the direction of Kolín, i.e. along the same road and cycle path in the opposite direction of the first part of the route to the finish. There is no time limit for completing the cycling section.

Run:

The run is in 1 circuit on a paved road (panels, asphalt) along the Elbe. The route is two-way, with a turn around in the middle of the route. On the entire route of the run the runners keep LEFT! There is no time limit for completing the running section.

AWARDS

In-kind prizes, in the individual categories announced. Main race competitors will receive a T-shirt at the check-in according to the rules listed in the ENTRY FEES section.

The organizer reserves the right not to give a in-kind prize to a competitor who is absent at the Awarding Ceremony.

REGISTRATION

On-line registration: <https://irontime.cz/prihlaska3251>. The deadline for on-line registration is May 22, 2026 6:00 p.m.

An athlete with a paid entry fee is considered to be registered in advance. The registration is valid after payment of the entry fee. The amount of the entry fee depends on the date the payment is credited to the organizer's account. Any differences found will be resolved at the presentation.

Registration at the presentation is possible until the capacity of the depot is exhausted with payment of the entry fee on the spot in cash according to the conditions in the ENTRY FEES section. **For 2026, the capacity of the depot is set at 500 places.**

ENTRY FEES

	Without the CTA licence	With the CTA licence
Individuals		
To 30.09.2025	1350 CZK / 54 EUR	1200 CZK / 48 EUR
From 01.10. to 31.12.2025	1800 CZK / 72 EUR	1650 CZK / 66 EUR
From 01.01. to 31.03.2026	2500 CZK / 100 EUR	2350 CZK / 94 EUR
From 01.04. to 22.05.2026	3200 CZK / 128 EUR	3050 CZK / 122 EUR
At the presentation	3800 CZK / 152 EUR	3650 CZK / 146 EUR
Relays		
To 31.12.2025	3500 CZK / 140 EUR	
From 01.01. to 31.03.2026	4000 CZK / 160 EUR	
From 01.04. to 22.05.2026	4500 CZK / 180 EUR	
At the presentation	5000 CZK / 200 EUR	

Note: The payment amount is not determined by the date of registration, but by the date of payment! Only by paying the entry fee is the registration valid!

Entry fee transfers are possible for a fee of 300 CZK/12 EUR/transfer with a request sent to petra.tazlerova@topsports.cz.

- The entry fee is paid in advance, to the account at Fio banka **2902094236/2010, IBAN: CZ25 2010 0000 0029 0209 4236, BIC/SWIFT: FIOBCZPPXXX** (the owner is LABE TRI CLUB Hradec Králové z.s.), the variable symbol will be generated individually in the application form. One payment = one competitor. Bulk payments are possible if there are more than five competitors of one club and after agreement with the organizer.
- A competitor with a CTA license will present a valid license at the time of presentation. In case of not presenting the license he/she will pay the additional amount of 150 CZK. The competitor is obliged to provide proof of payment of the entry fee (bank statement) upon request.
- The registration is valid after payment of the entry fee. The date of payment of the entry fee is decisive the amount of the entry fee.
- **Only competitors registered in time for the Main Race with paid entry fee by April 17, 2026 will receive the T-shirt.**

Cancellation policy:

- Cancellation by March 19, 2026 - full refund of the entry fee.
- Cancellation between March 20 - May 16, 2026 - 50% of the paid entry fee will be refunded.
- Cancellation 7 days or less before the start of the race - no refund of the paid entry fee.

We recommend transferring the entry fee to next year's race or to another competitor.

TIME SCHEDULE

8:30 –10:30	Presentation
9:50 – 10:50	Placing the material in the depot
11:00	Pre-start briefing
11:15	START AGE GROUPS – Men
11:20	START AGE GROUPS – Woman, Relays
13:30 – 15:00	Pick-up of material from the depot
15:00	Awarding Ceremony

REFRESHMENTS

Refreshments will be served at the halfway point of the run course and at the finish of the race. Only pure water will be served during the race.

PROTESTS

Written, to the race director with a deposit of 500 CZK/20 EUR, no later than 15 minutes after the unofficial results are posted.

IMPORTANT INFORMATION

- The car park is located on the main road, on the right when coming from Prague, about 400m before the bridge over the Elbe. From the car park it is 300m to the entrance to the Lake Poděbrady area, where the race centre is located. The presentation is located in the area, behind the entrance to the Lake Poděbrady area. Parking on the approach from the hydroelectric power station is not possible, due to the entry ban and due to the space required for the race.
- The race will be run according to the triathlon rules, with a modified course length for this race and with the possibility of using wetsuits according to the long triathlon rules. Failure to comply with the drafting rules in the short triathlon will be penalised with a two-minute penalty in the penalty box, located at the start of the running part.
- The cycling part is run without drafting. The cycling part is held in full road traffic with the assistance of the police who will restrict this traffic. **Each participant is obliged to comply with the provisions of Act No. 361/2000 Coll. on road traffic.** The course is mostly on the main road, i.e. with right of way. Dangerous places, roundabouts, turns and junctions will be secured by the Police of the Czech Republic and the organizers. Competitors are obliged to follow the instructions of the police and organizers.
- The organiser has the right to change or cancel the programme if prevented by an obstacle, which occurs independently of the organizer's will and prevents him from fulfilling his obligations and if it is not possible to the organiser can reasonably be expected to avert the impediment or its consequences or overcome and that the organiser could have foreseen the impediment at the time the obligation arose.

REGULATIONS

All competitors start at their own risk, the organiser does not assume responsibility for any injury to health or property. The organiser is entitled to modify the length of the routes as necessary and reserves the right to adjust the entry fee.